



Highlights of the Current Employee Wellness Program

- **Use of the Wellness & Fitness Center**

Monday - Thursday | 6:00 a.m. - 8:00 p.m.

Friday | 6:00 a.m. - 6:00 p.m.

Saturday | 9:00 a.m. - 3:00 p.m.

- **Drop-in exercise classes**

Monday, Wednesday, Friday | TTC room 6040 | Lunchtime

- **Open swim**

Monday - Friday | 12:00pm - 2:00pm

- **Locker and towel use at TTC**

Additional benefit(s) for full-time employees:

- **1 hour of release time (1.5 for downtown employees) per week to use the Wellness & Fitness Center**

- **Opportunity to earn an extra day off once per calendar year by participating in wellness activities for the body, mind and spirit.**

[Learn more](#)

How Do You Make the Impossible Possible?

From the streets of Los Angeles to a Ph.D, author of “The Pedagogy of Real Talk: Engaging, Teaching, and Connecting With Students at Risk”, national speaker, consultant, and former CMU sociology professor, Paul (Pablo) Hernandez, PHD, will be coming to Kalamazoo Valley Wednesday, May 23. Dr. Hernandez will be covering the topic of engaging the at-risk student for our increasingly diverse student body. All staff who provide direct customer/student service and/or lead areas that provide student service, are encouraged to attend.

Hernandez will be speaking at TTC in the morning, and AWH in the afternoon:

Wednesday | May 23 | TTC | 8:30 a.m. - 10:30 a.m. (Room location TBD (4240 or 9130))

Wednesday | May 23 | AWH | 2:00 p.m. -4:00 p.m. (Room 128A-B)

Continental breakfast will be provided in the a.m. and light refreshments will be provided in the afternoon.

Please RSVP by May 16th. Click [HERE](#) to RSVP via Doodle Poll.

Please contact [Ashley Hamilton](#) (or x4401) with any questions.

2018 Opportunities for Education Dinner

The Kalamazoo Valley Community College Foundation Opportunities for Education Scholarship Fundraising Dinner will be held May 23 at the Radisson Plaza Hotel and Suites in downtown Kalamazoo. The event, which begins at 5:30 p.m., is a primary source of funding for Kalamazoo Valley student scholarships. Veronika Scott, the founder and CEO of The Empowerment Plan, a Detroit-based nonprofit organization focused on permanently elevating families from the generational cycle of homelessness is the keynote speaker.

Tickets are \$160 for individuals and \$75 each for students. Sponsor tables that seat eight are available for \$1,600. To order tickets, go to www.kvcc.edu/foundation. For more information, contact Executive Director [Steve Doherty](#), 269.488.4442.



Join Us for Cake and Conversation

Join us for cake and conversation celebrating the important career of Elspeth Inglis, Friday, May 4 from 3-5 p.m., Room 128A (AWH). Elspeth is retiring from the Kalamazoo Valley Museum after more than 40 years in education and museum administration. No RSVP necessary! We are looking forward to seeing you!



Kalamazoo Valley will be working with KRESA's Education for Employment program to host Wonder Women at Work on May 18.

The workshop is meant to show ninth grade girls how education and industry fit together. A group of 200 Kalamazoo County students is expected to participate. The day will include visits to Stryker Instruments and Parker Hannifin and hands-on experiences at Kalamazoo Valley in engineering, computer science,

STEM SHOWCASE AT VALLEY

Area students in third through 12th grades will show off their science, technology, engineering and math projects during a STEM Showcase at Kalamazoo Valley Community College on May 11.

The event, which runs from 11:30 a.m. to 1 p.m., is a partnership between the college and Kalamazoo Regional Educational Service Agency's (KRESA) Project Lead the Way, a national program forming partnerships among public schools, higher education institutions and the private sector in order to encourage students to expand upon their knowledge in science, technology, engineering, and mathematics (STEM).

computer technology, and law enforcement. [more](#)

STRENGTH SPOTLIGHT

As a strengths-based organization, Kalamazoo Valley gives its employees the opportunity to develop their strengths by building on their greatest talents – the way in which they most naturally think, feel, and behave as unique individuals.

In upcoming issues of KV Focus Plus, we will highlight one of the 34 different signature themes as identified by the Clifton StrengthsFinder Inventory as well as the names and titles of different people within the college who share it as their number one strength so you can learn more about the people you interact with on a daily basis.

This Issue: Relator

Relator describes those with this strength in their attitude toward relationships. The Relator theme pulls them toward people they already know. They do not necessarily shy away from meeting new people but they do derive a great deal of pleasure and strength from being around their close friends. They are comfortable with intimacy. Once the initial connection has been made, they deliberately encourage a deepening of the relationship. They want to understand others feelings, goals, fears, and dreams; and they want other to understand theirs. For them a relationship only has value if it is genuine.

The genius of those with the Relator talent is found in the fact that they can form relationships with virtually anyone. While they prefer relationships that are real and genuine, they have the capacity to form relationships with almost anyone. They can form relationships with people older, younger, or same age as themselves. They can form relationships with people who have more, less, or the same status as themselves. Those with this strength can form relationships on many different levels.

Did you know that Culinary Operations Manager **Lucas McFarland**, Director of CNM and Campus Coordinator **Thomas Hamann**, Facilities Site Manager ACC and BHLC **Terry Sibbersen**, Nursing Clinician and Adjunct Faculty **Jane Duhan**, PT Instructional Manager **Leif Doezema**, PT Planetarium and Theater Tech **Steve Crawford**, and Groves Senior Office Specialist **Kenyatta Herrion** are among the many faculty and staff who have Relator as their number one strength? [Click here to learn more](#)

CAMPUS SAFETY TIP

Stick to well-lighted and busy areas. Stay on the part of the sidewalk that is farthest away from shrubs, dark doorways and alleys where people can hide.

CAMPUS CONNECTIONS

TEXAS TOWNSHIP CAMPUS

[Kalamazoo Valley Announces Dale B. Lake Award Winners](#)

[Metro Bus Passes on Sale May 1](#)

ARCADIA COMMONS CAMPUS

[Digital Storytelling Deadline is May 2](#)
[Pre-Pride Popsicle Party](#)

BRONSON HEALTHY LIVING CAMPUS

[Marketing-Wholesale, Direct, and Food Hubs](#)

THE GROVES CAMPUS

[Kalamazoo Valley, WMU & Urban Alliance Graduation Tonight](#)
[Sensors and Automated Electromechanical Devices](#)

KALAMAZOO VALLEY IN THE NEWS

[The Evolution of Brewing with Mike Babb](#)
[Barbara Bush Spelled Class. These 4 Michiganders also Merit the Term](#)
[Kalamazoo Valley Announces Dale B Lake Award Winners](#)
[WMU, KVCC Hold Graduations this Weekend](#)



**STAFF & FACULTY
DEVELOPMENT**

**CALENDAR OF
EVENTS**

**HUMAN
RESOURCES**